

Ian Berry's Rituals/Routines/Practices/Ceremonies/Possibility on-a-page

	Personal	Professional	Both
Daily	<ul style="list-style-type: none">✓ Follow D.R.E.A.M. Matrix.✓ Gardening or work around home.✓ Read.✓ Write minimum 500 words.	<p>Invite a qualified candidate to:</p> <ul style="list-style-type: none">✓ Subscribe to newsletter, or Join a peer group gathering as a guest, or Accept a complimentary place in Wise Leaders Workshop.✓ Comment/share on LinkedIn.	<ul style="list-style-type: none">✓ Accept and radiate love.✓ Be kind, appreciative, and compassionate.✓ Ignite attitude of gratitude from power place.
Weekly	<ul style="list-style-type: none">✓ Local community activity e.g Tai Chi with Carol.✓ Lunch with Carol.✓ Play golf.	<ul style="list-style-type: none">✓ Meet with peer group members Monday's and Tuesday's and third group being developed.✓ Work with bespoke wise leaders workshop clients.✓ Do a blog post (read, watch or listen) and share via LinkedIn✓ 1:1 sessions with Alumni clients.	<ul style="list-style-type: none">✓ Hold or increase positive energy.✓ Stay grounded.✓ Be a person of value.
Monthly	<ul style="list-style-type: none">✓ Different community activity e.g. German Conversation Group.	<ul style="list-style-type: none">✓ Host sparkenation conversation live or recorded.	<ul style="list-style-type: none">✓ Feeling limitless and fearless.
Quarterly	<ul style="list-style-type: none">✓ Carol and I take a trip.	<ul style="list-style-type: none">✓ Host a We Need To Talk episode.	<ul style="list-style-type: none">✓ See, unearth, magnify and enhance my essence, and help others to do the same.
Twice Yearly	<ul style="list-style-type: none">✓ Visit Jessica and Hamish and Lukas and Sarah.	<ul style="list-style-type: none">✓ Host Wise Leaders Retreat.	<ul style="list-style-type: none">✓ Role model Response Ability.
Yearly		<ul style="list-style-type: none">✓ Publish an audio book/video.	